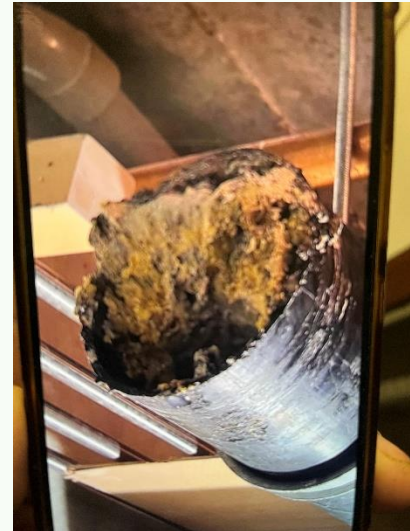


Topic: 6 things you should never flush down the sink

Dear residents,

The kitchen riser pipes were renovated (relined) by the company VSR between December 2022 and February 2023. All vertical and horizontal pipes were cleaned of all dirt. Recently, a leak occurred in a storage room (8-high section) due to accumulated grease and dirt in the down pipe, which put pressure on the connections. The result is that the association has had to incur unnecessary additional costs to resolve this. As residents, we can prevent this.



Because this leakage occurs within two years after renovation and cleaning, we draw your attention to [6 things that you should never flush down the sink.](#)

### 1. Oil and fat

When you have finished cooking, there is often still oil or other fat residue in the pan. You are probably quickly tempted to rinse this pan under the tap, but the oil can cause blockages in the future. Oil slides easily through the pipes, especially when it is still very hot. But when it cools and solidifies, a thick layer of grease forms on the pipes. It also creates a stinky smell that then permeates your kitchen.

### 2. Coffee grounds

Coffee grounds - or the grounds of ground coffee - from, for example, the coffee filter or the whisk container of your espresso machine can easily be washed away through your sink, but unfortunately it causes more damage than you might think. In combination with water, it can clump and cause blockages in the sewer system. Therefore, always throw the remains in the correct waste bin and remove as much coffee residue as possible with kitchen paper before rinsing.

It is sometimes recommended to flush coffee grounds down your sink, because it would dissolve grease residues in the drain. However, this is a myth. In fact, Milieu Centraal strongly advises against it for the following reason: 'Coffee grounds create extra sludge and actually increase the risk of blockages'.

### 3. Rice grains

No matter how delicious a rice dish is, there are always some grains of rice left on the dishes and in the sink afterwards. Rice has a water-absorbing effect and can expand up to four times its size during cooking. The expanded rice grains clump together and stick in the pipes, resulting in a blockage. Therefore, never rinse the stray grains of rice - cooked or uncooked - but collect them and throw them in the trash.

### 4. Eggshells

Eggshells also have the knack of getting left behind and lying around everywhere. They may be thin and brittle, but they are definitely harmful to your drains. The membrane makes them stick when wet, allowing them to trap other waste and clog things up.

### 5. Fibrous vegetables

Potato peels, carrot peels, corn and leftover bits of asparagus are all very high in fiber. This means that they do not dissolve when they go through your drain or waste disposal and can ultimately cause blockages. It is therefore best to throw them away in the trash or use them as compost.

### 6. Paint

Have you finished a small DIY project or have some paint left after painting your wall? It may be tempting to pour that bit of paint down the drain and rinse it away with water, but it will coat and harden your pipes, setting the stage for clogs. Rinsing your paint brushes or throwing away the brush rinse water can also cause nasty results.

source: <https://www.rtl.nl/wonen/huishouden/artikel/5360033/6-dingen-die-je-nooit-door-de-gootsteen-moet-spoelen>

If we, as residents, handle our drainage sensibly and use these tips, among other things, we can prevent unnecessary inconvenience for residents and unnecessary costs for the association.

Yours sincerely,

On behalf of the Board of VvE Belvédèrebos 1 to 246 in Zoetermeer